

HIV/AIDS Health Education

Outline and Basic Information of Lessons for Kindergarten through 2nd Grade

State mandate requires instruction regarding communicable diseases, including but not limited to HIV/AIDS, must be offered at least once a year at every building level.

The focus of the health education lessons is on recognition of and prevention of communicable diseases including HIV/AIDS. The lessons, materials, and resources come from the board approved *Michigan Health Model (MHM) for Comprehensive School Health Education* curriculum.

The context for teaching HIV/AIDS lessons for kindergartners through 2nd grade include:

- Reading from the book: Peter and Amanda Learn About AIDS
- Ways to stop the spread of germs
- How to show empathy and care for people who are ill.
- Ways HIV/AIDS is and is not transmitted.
- How to protect oneself from HIV/AIDS by never touching someone else's blood.
- HIV/AIDS is difficult to catch.

The lessons from the MHM are developed for early elementary students and are appropriate for their ages and will build a foundation for lessons in the higher grades.

Student Goals/Objectives:

- Students will understand how difficult it is to get AIDS.
- Students will understand how to behave around someone who is ill with AIDS or HIV.

Suggested vocabulary:

- AIDS (Acquired Immune Deficiency Syndrome)
- HIV (Human Immunodeficiency Virus)
- Germ
- virus

This information is taken directly from the MHM HIV/AIDS Education Supplement. Detailed lessons, list of resources, legal requirements, and family and community involvement suggestions and resources can all be found in the Michigan Health Model Curriculum which can be accessed at the AuSable Primary Office.