

Crawford AuSable School District Lunch Menu

Full Price lunch for Grayling Elementary - AuSable Primary School is \$2.15.
 Grayling Middle School and Grayling High School is \$2.25.
 Free and Reduced price (.40) meals available to qualified families.

CASD has a four-week menu cycle for lunch. Dates with no color indicate no school.
 The colors on the calendar indicate each week's cycle menu.

Mon Tues Wed Thurs Fri

September 2011				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October 2011				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

November 2011				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

December 2011				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	23	24
27	28	29	30	31

January 2012				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

Mon Tues Wed Thurs Fri

February 2012				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29		

March 2012				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

April 2012				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

May 2012				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

June 2012				
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Cycle Week 1	
Monday	Stuffed Crust Pepperoni Pizza California Blend Vegetables
Tuesday	Chicken Nuggets Mashed Potatoes Juice
Wednesday	HS - MS Rotini Pasta w/ Sauce Green Beans
	GE-AP Grilled Cheese & Tomato Soup
Thursday	French Toast Sticks w/Omelet Juice
Friday	Nachos Bean Dip

Cycle Week 2	
Monday	Popcorn Chicken Corn Juice
Tuesday	Pepperoni Pizza Wedge Green Beans
Wednesday	Turkey & Cheese Sub w/Choice of Toppings Juice
Thursday	Taco Cooked Carrots
Friday	Ravioli Broccoli Juice

Cycle Week 3	
Monday	Quesadilla Corn
Tuesday	French Toast Sticks w/Omelet Juice
Wednesday	Chicken Nuggets Mashed Potatoes
Thursday	Nachos Bean Dip Juice
Friday	Sweet 'n Sour Chicken with Rice California Blend Vegetables

Cycle Week 4	
Monday	Mini Corn Dogs Potato Triangle Juice
Tuesday	Macaroni & Cheese w/Roll California Blend Vegetables
Wednesday	Taco Baked Sweet Potato Fries Juice
Thursday	Pepperoni Pizza Wedge Broccoli
Friday	Cheeseburger Green Beans Juice *Sample Day*

Daily Entre Choices:
 Student Chef Salad w/Bread or Roll
 Breaded Chicken Pattie on a Bun
 Grilled Chicken Pattie on a Bun
 Flavored Yogurt & a Grain Choice
 Pre-Wrapped PB&J Sandwiches

Available Daily:
 Canned and Fresh Fruit
 Fresh Vegetables

A student lunch consists of entre, 2 choices of fruit and/or vegetable, and milk

 **Special Holiday Menu**

Choice of Fat Free Chocolate,
 Lowfat White or Skim Milk
 is served with every meal.



All meal plans include one milk, additional milk is .40 cents.

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Menu is subject to change without notice.

Crawford AuSable School District Breakfast Menu

2011 – 2012

Full Price for breakfast is \$1.65 at all schools.
Free and Reduced price (.30) meals available to qualified families.

Eating breakfast gives your brain energy to think clearly in your classes and gets you “charged up” for the day.

Also available daily:

Cereal
Sun Morning Mix Up
Yogurt
Bagels
Cheese Sticks
Milk
Juice

HOT

Monday
Cinnamon Roll

Tuesday
Egg Meal or Breakfast Sandwich

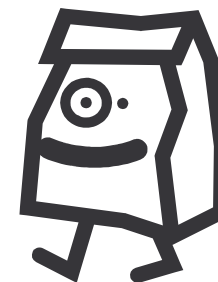
Wednesday
Breakfast Pizza

Thursday
Strudel

Friday
Pancake on a Stick

Grab N GO

Available Daily



Breakfast at school cost less than at the convenience store.

It's a great way to spend time with friends.

*Our daily breakfast and lunch meets all Federal requirements.